



# NORTHSIDE LIONS

## Lions Parent Concussion Protocol Agreement

The Lions Homeschool Sports Club has a developed plan for handling players with suspected concussions. This protocol follows the Indiana State Law 20-34-7 and the requirements by our insurance company as directed by the board to put the athlete's health as our number one priority. Here is a link to the entire code, you are encouraged to open the link and read the law. <http://www.in.gov/legislative/ic/2010/title20/ar34/ch7.html>

The law states in subsection 20-34-7-4:

*"A player suspected of sustaining a concussion or head injury in a practice or game shall be removed from play at the time of injury and may not return to play until the student athlete has been evaluated by a licensed health care provider trained in the evaluation and management of concussions and head injuries. The athlete must receive written clearance from the health care provider to return to play."*

### The Plan

Preseason - A standardized concussion assessment will be given to all new players, or players who have sustained a concussion during the previous season. This assessment is good for two years unless the athlete gets a concussion. These results will be given to the player's coach so that in the event of a suspected concussion during a game, the player can be evaluated to determine if they have sustained a concussion.

Season - If a player takes a hit or has a collision that is determined by the coach to be excessive, that player will be taken out of the game. The coaching staff will determine, through the behavior of the player, whether or not the player is suspected of a concussion. If he is, that player will not reenter the game, as per the Indiana State law. At this point, the player will be reassessed using the preseason concussion assessment. If the player passes, with no symptoms, that player could return to play that day. If the player exhibits any of the symptoms of a concussion he will not be

allowed to return to play and will need to be evaluated by a licensed health care provider before he can return to the court. Coaches will be trained to recognize these symptoms.

The athlete's health is the number one priority in these situations. Recovery from a concussion varies for each individual and can be several weeks.

Finally, subsection 7-3 requires that each parent shall sign and return the form acknowledging receipt of the information found within the law. Before your son can play we need this form signed and returned to Jodi Schwartz.

I have read and understand this concussion policy.

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Parent's signature

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Date